

Diabetes Treatment at Saudi German Hospital

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Saudi German hospital is a private hospital in Dubai committed to treatment of diabetes. The hospital is well equipped with facilities which are world class and best in treatment and taking care of people with diabetes. This is achieved by the hospital following strict regulations to make sure that patients are guaranteed with maximum care and satisfaction. Literature will describe how medical services are offered, advantages and disadvantages associated with Saudi German hospital.

According to Emeka & Al Ahmed (2017), from investigations done by the World Health Organization (WHO), a huge percent of citizens in old age in UAE are suffering from diabetes. Comparing these statistics to the world cases, it is clear that the rate in UAE is almost four times. Patients having a lot of blood glucose are said to be at the highest risk of being diagnosed with diabetes. Thus, the department of diabetes in the hospital aims at finding the risk aspects at their early stages to come up with easy prevention measures before it develops to a more serious condition which cannot be managed.

The healthcare Centre offers a lot of the services to the patients just to make sure that they receive medication properly. They offer services in treatment of diabetes and management of those suffering from diabetes mellitus 1 and 2 in grown-up people and pediatrics as well as gestational diabetes. In addition, the hospital as well offers protection and screening for microvascular and macro-vascular problems. They have qualified nurses who are capable of taking care of diabetes and wounds and nutritional services to the patient. The other services include psychological educational and guiding of diabetic patients for them not to lose hope in life. Again, the hospital is well known for treating endocrinology diseases, thyroid, pituitary and parathyroid diseases including the low and high calcium (Mousa & Aldehayyat, 2018).

It is worth to note that private hospitals are always in their service delivery when compared to public hospitals. For that reason, Saudi German hospital offers the best services because they want to maintain their reputation as the best in the country. The management works very closely to ensure that everything is running smoothly and patients' get satisfaction without complaining. As a result, the good service advertises the hospital very much and patients always prefer to pay the expensive hospital bill but get good medication rather than going to public hospitals to pay less and get the poor services due to congestion and limited facilities. They do not depend on government for funding but instead raise their own capital from the services they give the patients. Saudi German hospital is always profit oriented therefore they must give quality services for them to get enough money for running the hospitals activities, like paying for the nurses, doctors and other workers in the hospital. Again, for these goals to be achieved they also need to motivate their workers to work tirelessly towards achieving the hospitals' set goals and objectives.

Advantages of the Private Healthcare

One of the advantages is treatment time. In private healthcare, the patient is the one who makes the decision of when to be treated because they are patient-centered. On the other hand, hospitals controlled and managed by the government have challenges of long waiting for the doctor before receiving treatment. However, when one has an appointment with the private healthcare providers they will always schedule their appointment in a way that they do not affect patients' plans. Hence, private healthcare is always flexible with customers conditions.

The other advantage of private hospital is that there is a variety of specialists and hospitals and it is upon the patient to choose which one will serve them. In private hospital, a patient sees many specialists unlike in public hospitals where the patient has no option but to be

attended to by any doctor who is available at that time (Al-Briek et.al, 2018). Currently and over the past few years' private hospitals are really working on eliminating that problem so that their patients can be free to consult any doctor they want according to the reputation they have heard from the other patients and their performance records.

Consequently, private hospitals have privacy whereby the patients will be allocated their own rooms when receiving treatment. According to Almutairi & Al Shamsi (2018), patients in private healthcare are not placed in congested rooms an aspect that has been noticed in the public healthcare which at times lead to spread of communicable diseases. Also, this helps the patients in having privacy and dealing with their own health problems secretly.

Private healthcare is well equipped with facilities and technological advances which provides the patients with better services thus protecting the patient from the illness without too much straining with the quality of facilities (Al-Briek et al., 2018). The hospital equipment and techniques are the most updated which gives them all that the patient wants without finding any difficulties in the administration of treatment.

Disadvantages of Private Hospitals

Despite the fact that private healthcare has a lot of positivity they cannot lack the negative side. For example, private hospitals have a lot of discrimination (Mousa & Aldehayyat, 2018). They have shown discrimination to patients who have been insured publicly through concentrating too much to those who are insured by private Medicaid. Thus, they prefer dealing only with patients who have a commercial medical cover. This means some are reluctant to treat patients with any other cover which does not have the commercial policy.

The other disadvantage is for uninsured patients. According to Bayoud et al. (2018), uninsured patients are forced to pay for the bills themselves without any help. Private bills are very high to the ordinary person and thus they need to be assisted to settle the bills without too much straining. To make the matter worse private hospitals cannot offer services to you if they know you cannot manage to pay the bill hence your life is always at a stake when you are dealing with them. This means it is better to depend on the public hospitals more than private because the public is after saving life but the private ones are after making profit.

According to Emeka & Al Ahmed (2017), in the private health insurance individuals are forced to pay for any situation every month whether you need it or not. More so the cost is very high and you can some time lack that money to pay. It is much castigating that private healthcare prefers covers which require the insured to pay for premiums each month.

In a nutshell, having described how medical services are offered, advantages and disadvantages associated with Saudi German hospital, anyone can choose the type of healthcare according to their wish because each hospital whether private or public has their rules and regulations which must be followed for services delivered to patients. Nevertheless, anyone who wants better and fast services should always think of private hospital because their services are mostly exemplary. This is fueled by best medical facilities they have in place. Saudi German in Dubai is one of the examples of the world standard healthcare Centre for treating diabetes. They are very friendly to their patients when it comes to consultation and guiding of patients. Despite the fact that they are very expensive in their services, they give the best services which complement their prices. Thus, it is always advisable that when choosing the type of medication a patient wants, some issues need to be placed in consideration first to make a wise decision.

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